It's common to work in one part of the Dallas-Fort Worth area and live in another. Although more than 20 percent of workers reported working from home in 2021 as a pandemic response, a typical year sees almost 90 percent of people in DFW commuting to work by car, truck, or van. It's easy thanks to our well-developed network of interstate freeways, state highways, and tollways connecting job centers to our fast-growing new communities. The following maps—based on morning rush hour—provide an estimate of how long a commute will take.

Source: North Central Texas Council of Governments

Travel Time
- 15 Minutes
- 30 Minutes
- 45 Minutes
- 60 Minutes
- 75 Minutes
- 90 Minutes
- 105 Minutes
- 120 Minutes

HWY 190 and HWY 75

Downtown Dallas

HWY 121 & Dallas North Tollway

Denton

Dallas Fort Worth International Airport

Southern Dallas

Downtown Fort Worth

Source: North Central Texas Council of Governments