

# COVID-19 Vaccine:

## What you need to know



Parkland



### Why is the COVID-19 vaccine important?

Getting the vaccine will protect yourself, your family and the people around you. The vaccine will also help stop the spread of COVID-19 in our community and end the pandemic.



### How safe is it?

The U.S. vaccine safety system makes sure that all vaccines, including the recently FDA-authorized COVID-19 vaccines, are safe. The clinical trials for both vaccines studied thousands of people and showed that the vaccine is safe.



### How it works

The vaccine works by teaching your body how to protect you from getting sick from COVID-19. You are not immune to COVID-19 until two weeks after your last vaccine. The Johnson & Johnson vaccine is only one dose. Pfizer and Moderna require two doses. You must get both doses for the vaccines to work.



### No COVID-19 in the vaccine

The vaccine does not have any COVID-19 in it. The vaccine teaches your body how to protect you from COVID-19. The vaccine will not make you test positive for COVID-19.



### Don't worry - you're not sick

Both the Moderna and Pfizer vaccines can cause side effects. These can include injection site pain in the arm, low fever, muscle pain, chills and headache. Don't worry, you're not sick; it's just your body learning how to protect you from the virus. Symptoms normally go away after a day or two and you can continue normal daily activities.

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## Register for a vaccine

Call the Dallas County COVID-19 Vaccine Registration Hotline at 1-855-466-8639, seven days a week, 7 a.m.–7 p.m. Registration help is available in English and Spanish. You can also visit [www.dallascountycovid.org](http://www.dallascountycovid.org) to register online.