

# Parks and Recreation

The Dallas-Fort Worth region offers a bevy of recreational opportunities with several lakes and state parks featuring boating, water sports, hiking trails, and options for mountain and road biking. The sports scene is enormously popular, as well.

## Parks and Nature Centers

- Cedar Ridge Preserve
- Children's Aquarium at Fair Park
- Dallas Arboretum
- Dallas World Aquarium
- Dinosaur Valley State Park
- Dogwood Canyon Audubon Center at Cedar Hill
- Fort Worth Botanic Garden
- Fort Worth Japanese Garden
- Fort Worth Nature Center and Refuge
- Fossil Rim Wildlife Center
- HEARD Natural Science Museum & Wildlife Sanctuary
- River Legacy Park and Science Center
- The Rory Meyers Children's Adventure Garden
- Trinity Forest Adventure Park
- Trinity River Audubon Center

## Zoos

- Dallas Zoo
- Fort Worth Zoo

## Rodeo

- Fort Worth Stock Show and Rodeo
- Mesquite Rodeo
- Stockyards Championship Rodeo

## Auto Racing

- Texas Motor Speedway
- Texas Motorplex

## Golf

- PGA Tour—AT&T Byron Nelson Championship
- PGA Tour—Charles Schwab Challenge

## Professional Sports

- Allen Americans (Minor League Hockey)
- Complexity Gaming (esports organization)
- Dallas Cowboys (NFL)
- Dallas Griffins (Major League Rugby)
- Dallas Mavericks (NBA)
- Dallas Rattlers (Lacrosse)
- Dallas Renegades (XFL)
- Dallas Sidekicks (Soccer)
- Dallas Stars (NHL)
- Dallas Wings (WNBA)
- Envy Gaming (esports organization)
- FC Dallas (Major League Soccer)
- Frisco Fighters (Indoor Football League)
- Frisco RoughRiders (Minor League Baseball)
- Grand Prairie Air Hogs (Minor League Baseball)
- Lone Star Brahmas (Minor League Hockey)
- OpTic Gaming (esports organization)
- Texas Elite (Women's Football)
- Texas Legends (NBA Development League)
- Texas Rangers (MLB)



- 1 Cedar Hill State Park**  
*Cedar Hill*
  - Fishing, boating, and kayaking on Joe Pool Lake
  - 1,200 acres with 15 miles of mountain biking trails
  - Walking trails through open fields and wooded areas
  - More than 350 wooded campsites
  - Penn Farm Agricultural History Center



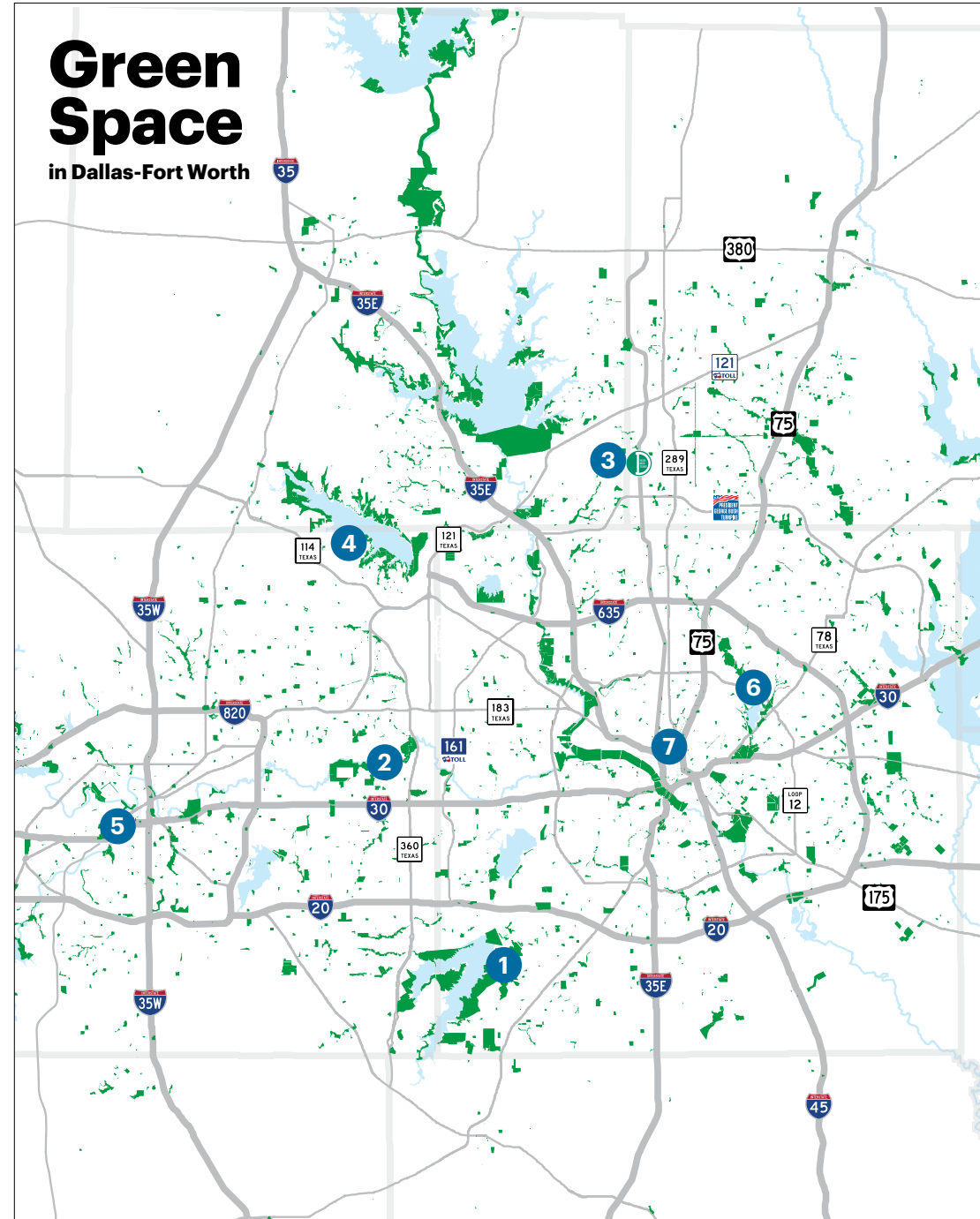
- 2 River Legacy Park**  
*Arlington*
  - 1,300 acres of forests and greenbelts
  - 10 miles of cross-country trails
  - A treetop playground that looks like a giant treehouse
  - A canoe launch with access to up to 8 miles of paddling
  - River Legacy Living Science Center



- 3 Arbor Hills Nature Preserve**  
*Plano*
  - 200 acres of rolling hills for exploring
  - Off-road biking trails
  - Picnic pavilion and kids playground
  - Butterflies, birds, and other wildlife
  - Dog friendly



- 4 Meadowmere Park**  
*Grapevine*
  - 252 acres on the shore of Lake Grapevine
  - Sloping sandy beaches and camping
  - Swimming, paddleboarding, and kayaking
  - Large, colorful children's playground area



- 5 Trinity Park**  
*Fort Worth*
  - Next to the Fort Worth Zoo, along the banks of the Trinity River
  - Annual events such as Mayfest and the National Veterans Day Run
  - Miniature Railroad
  - Natural surface trails for hiking, biking, and running
  - Fishing and duck feeding



- 6 White Rock Lake Park**  
*Dallas*
  - 9.33-mile hike and bike trail
  - Shoreline picnic areas
  - Kayak and paddleboard rentals
  - Audubon Society bird watching area
  - Dallas Arboretum and Botanical Garden



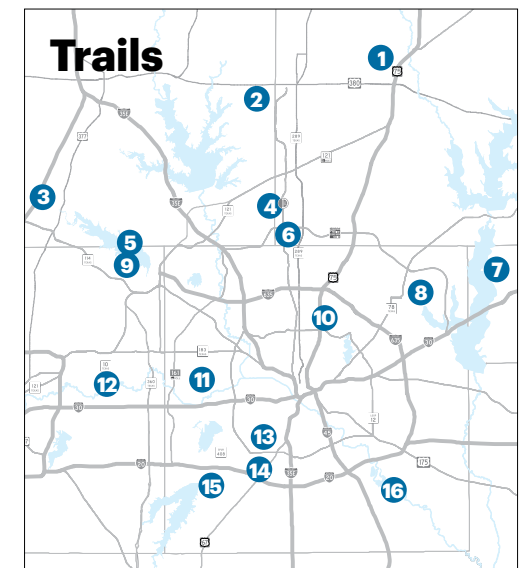
- 7 Klyde Warren Park**  
*Dallas*
  - 5.2 acres downtown
  - Performance pavilion, walking trails, dog park, children's playground, and games area
  - Free events such as book signings, group exercise, movies, music
  - Food trucks every day
  - Accessible by M-Line Trolley, DART, and D-link

## North Texas Trails



Walking, running, hiking, and biking are popular here, and we've got plenty of places to explore outdoors. The

city of Dallas has more than 150 miles of hike and bike trails—and outside the city, where urban life gives way to more pastoral pursuits, you'll find so many more. The Katy, Santa Fe, and White Rock trails are lovely paved paths, but if a walk (or ride) in the woods is more to your liking, it's only a matter of effort. Certified Master Naturalist Bill Holston recommends Cedar Ridge Preserve in South Dallas for its wooded hills and wildlife; Dogwood Canyon in Cedar Hill for its hilly terrain and flowering trees in spring; and Oak Point Park and Nature Preserve in Plano for its creeks, ponds, and easy-to-follow routes.



- Erwin Park
- Frisco NW Community Park Trail
- Knob Hills
- Arbor Hills
- Northshore Trail
- Katie Jackson
- Squabble Creek
- Rowlett Creek Preserve
- Horseshoe
- Harry Moss Park
- L.B. Houston Nature Trails
- River Legacy
- Oak Cliff Nature Preserve
- Boulder Park
- Big Cedar
- Goat Island Preserve