The cycling and pedestrian trail around White Rock Lake in Dallas is one of the nation’s top attractions for runners in the nation, according to the activity-tracking site, Strava. And that’s just the tip of the iceberg in cycling and running in the region.

The Dallas-Fort Worth region has a 1,883-mile network of off-street biking and walking paths, which is part of 7,303 miles of regional shared-use paths referred to as the Regional Veloweb. This network comprises community shared-use paths, and an on-street bikeway network, including on-street wide shoulders in rural areas that are in various stages of development.

One of the more anticipated trails will connect Dallas to Fort Worth in the near future. The Regional Transportation Council has funded a 24-mile span that will unite the Trinity Trails East Fort Worth extension eastward to the Rock Island Trail in Irving. That connection is expected to be completed in 2023.

The Veloweb includes plans for connections in 10 counties and 105 cities in north central Texas, according to the North Central Texas Council of Governments.